

**20 questions about  
Karma and Reincarnation**  
[www.spiritualarts.org](http://www.spiritualarts.org)

1. What is reincarnation?
2. Why don't remember our past lives?
3. Have we had many past lives or just a few?
4. How do our past lives affect our present life?
5. Do we meet up again with people we have known in past lives?
6. How does the process of reincarnation work?
7. Does everyone reincarnate?
8. How can knowing about reincarnation help if we can't remember past lives?
9. What is the purpose of reincarnation?
10. Where do we go between lives?
11. What is karma?
12. What types of karma are there?
13. How do we create karma?
14. How do we know if a situation is karmic?
15. How do we face and resolve karma?
16. How do I know when karma is over?
17. Have I known my family in past lives?
18. What happens if you don't work out your karma?
19. Is there such a thing as a national karma?
20. How is karma and reincarnation connected to spiritual growth?