

What people are saying about *The Healing Power of Your Aura*

“The human aura is the most significant subtle experience of an individual's body, mind and emotional health. Healing begins at the etheric level represented in the aura. The healing meditations offered in Barbara Martin's new book are marvelous tools for self-insight and healing.”

--C. Norman Shealy, M.D., Ph.D.
President, Holos University Graduate Seminary
Founding President, American Holistic Medical Association
Author of 22 books including *Life Beyond 100--Secrets of the Fountain of Youth*

“Barbara Y. Martin is a gifted clairvoyant, teacher, and healer with many new insights into the subtle energy systems of the human body and its various energy fields. I found her new book *The Healing Power of Your Aura* to be utterly fascinating and of great value for both its profound analysis of the hidden causes of illness as well as the simple, yet powerful spiritual healing techniques that may be helpful for many common diseases. This book should be of great interest not only to healthcare practitioners and to those in the healing arts, but also to anyone interested in bringing healing and spiritual illumination into their own lives.”

--Richard Gerber, M.D.
Author of *Vibrational Medicine: The #1 Guide to Subtle Energy Medicine* and *A Practical Guide to Vibrational Medicine*

“*The Healing Power of Your Aura* is an encyclopedia of spiritual knowledge for your body, mind and spirit. If you're serious about transforming and healing your life, I highly recommend this book.”

--John Holland, Psychic Medium
Author of *Born Knowing* and *Psychic Navigator*

"The Healing Power of Your Aura: How to Use Spiritual Energy for Physical Health and Well-Being" is a masterful resource and tool to explain the art of self healing through auric visualization with specific meditation exercises. Theory and practice are outlined simply but completely, with over 16 pages of colored illustrations to aid the reader in visualizations and meditation. Perhaps one of the most significant factors evident in "The Healing Power of Your Aura" is the need for each individual's assumption of self responsibility for physical, emotional and astral health. The how-to sets of meditations are specifically categorized by the area or disease of concern. Highly recommended as an addition to personal or community library Self-Help and Metaphysical Studies collections, "The Healing Power of Your Aura" is a most viable and valuable tool to assist all who seek to take full responsibility for their own lives and well-being.

--Midwest Book Review

A metaphysical medicine chest!

Barbara Martin's, "Change Your Aura, Change Your Life" is a favorite of mine. Here, she expands on her work with a followup book focused on health issues. Martin provides her theory on what causes illness and what we can do to attract healing energy. Pictures of 'sick' auras are featured in the book, giving the reader insight into what Martin is able to see. This is fascinating to me - although I have never been one who sees auras clearly, I certainly am sensitive to what people's energies feel like. There are specific meditations for a variety of health conditions: diabetes, fibromyalgia, high blood pressure, cancer and more. The book lays out the routine for preparing for the meditation as well as closing the chakras afterwards. I especially like the exercises to "soothe and strengthen the body" - this is helpful to those of us who are relatively healthy and want to remain that way. None of this is difficult to do - it just requires a little discipline. Whether you are a meditator or not, this is an easy to use book and I highly recommend it. No matter what your current health condition, this book may give you a tool to aid in healing or prevent future issues.

--Sparkle Reed, Milwaukee, WI

What people are saying about *Change Your Aura, Change Your Life*

The Book:

Winner, 2003 Readers Preference Editor's Choice Award, New Age category

“An informed and informative "self-help" guide to harnessing personal spiritual energy, and utilizing effective metaphysical techniques to improve one's aura, feel better, look better, and enjoy life more. Meditative prayers, counseling, spiritual wisdom, and the developing/exercising power over oneself, are all presented and discussed in this inspirational, motivational, metaphysical guide.”

-- *Midwest Book Review*

“A refreshing diversion from the typical aura book. Most similar books spend a great deal of time discussing the spiritual aspects of auras and leave very little space to understanding and using them to improve yourself. That is where this book differs. It starts with a step-by-step guide to understanding the aura; its shape, colors, and meaning. This is followed by a section on how to change your aura via meditation. This section details the colors to meditate on, where to concentrate, what to visualize, and similar factors. The third and final section is about using the meditations and aura focus to change mental and emotional states such as anger, grief, worry, forgiveness, affirmations, and visualizations. The book contains several four-color illustrations in the middle of the book to help the reader visualize and understand the text. For those interested in auras and using them as a focus point for meditation as a method of change this is a recommended read.”

-- *Readers Preference Reviews*

“The best how-to book on the aura that I have ever read. The meditations Barbara offers are simple yet powerful tools that will dramatically improve your life.”

-- Donna Hale,
Southern California Society for Psychical Research

“*CHANGE YOUR AURA, CHANGE YOUR LIFE* is a gem of a book that shows in words and pictures how you can turn your life around by transforming your inner light, or aura. What makes this book truly priceless are the full-color illustrations depicting a variety of mental and emotional states -- and the transformations that occur when people practice meditation. Author Barbara Martin demonstrates her clear comprehension of the aura by sharing personal experiences of aura viewing, along with helpful meditations for achieving personal goals (such as improved health and prosperity). As Martin says so eloquently, “You are the aura you radiate.”

“Whether you can currently see auras or not, *CHANGE YOUR AURA, CHANGE YOUR LIFE* can help you attract positive life experiences through simple visualizations and meditations.”

-- Cynthia Sue Larson – Author of *Aura Awareness*

“I just wanted to thank you for coming into my store for a booksigning. It was great fun and Barbara, you were so generous to read all the customers. Hopefully, you gave them enough to wet their appetite for more information. Your book is beautiful and I wish you all the best with it. Dimitri - I meant to tell you how much I enjoyed your meditation. You sounded like a pro that's been teaching and coaching for many years.”

-- Robin S. Schaeffer - Willis
Barnes & Noble, Community Relation Manager
Woodland Hills, CA

“Would like to tell you again that our interview was not only informative but pleasurable for all concerned. Barbara, I have given a great deal of thought to the insightful information you revealed to me concerning my aura. Please know

that you have enlightened me as well as encouraged me to search deeper into my souls journey and purpose. You were a gift to me that day and I will recall your words often to continue to guide me. Thank you. Dimitri, I found you more then specific in the information you translated. You voiced it from a place of authority that resonates within your being. Excellent work, Thank you.”

Eve Martin ,“Consulting Eve” radio show. Orlando, Florida

The Audiobook:

“As a companion to author Martin's award-winning print version of **Change Your Aura, Change Your Life**, this audio workbook makes for a great supplemental resource — and a helpful standalone work as well.

”Remarks Martin: ‘You can adapt these meditations of light to empower, uplift and strengthen you. Use them as often as you need.’ Martin's premise is straightforward and uncomplicated: changing the quality of the aura can directly change the quality of life.

”Complementing the instruction in the printed book, main narrator Moraitis leads listeners here in several guided meditations, each designed to broker reception of specific auric hues. Prior to each session, he prepares the way by first offering detailed explanations of the hues' significance, and then, just before each meditation, an affirming prayer: ‘Heavenly Father, Holy Mother of God, we raise our consciousness into Thy consciousness where we become one with Thee. We ask to receive that which we need and that which we need to know now.’

”Martin, nationally recognized for her work in the auric field, was one of the first to lecture in depth about human energy, and in **Change Your Aura, Change Your Life** she delivers an inviting and invigorating interlude of spiritual heightening — and a grand interaction with the light fantastic.”

-- *The Boox Review*

“Many issues ago we commented on a book called **Change your Aura, Change Your Life** by Barbara Y. Martin. Well the good news is there is more. **Change Your Aura** now has a CD audio workbook, and it offers meditations, spiritual tools, how to access your spiritual bank account and more.”

-- *EagleEye One (Canada)*